

Just for Lent...

BEFORE THE TEA on a Sunday....  
Before you settle down to a  
night in front of the telly...  
Before it gets dark on a  
Sunday evening, why not give  
a while to the Lord?

Every Sunday  
during Lent, we will have  
Evening Prayer and Benediction  
in our Parish Church.  
Beginning at 5.00 P.M. And  
ending at 5.30 P.M. To thank  
the Lord for his goodness, and  
to ask his blessings on the  
week ahead.

Why not give the  
Lord a half an hour of your  
time on a Sunday afternoon?  
Make it part of your Lent.

\* \* \*

Earlybirds Take Note

RIGHT THROUGH the coming week,  
and through each week of Lent,  
the 7.30 A.M. Mass continues.  
Your chance to make the Mass  
part of each day this Lent,  
from Monday to Friday. Even  
earlybirds get a sleep-in  
on Saturday mornings!!!

\* \* \*

For Emergencies...

IF YOU NEED a priest urgently,  
day or night, please ring  
Superpage at 932906, and ask  
for a priest of Ballineaspig/  
Dennehy's Cross Parish. We  
are at your service.

\* \* \*

New Arrivals

We welcome into our Parish  
Community seven new members,  
baptised since the beginning  
of 1986.

We congratulate their  
parents and sponsors, and pray  
God's blessings on each of them.  
These are the children baptised  
before the beginning of Lent '86:

DIANE CHRISTINE WHELAN,  
"Ashfield", Magazine Road.  
KATE GRACE RISTON,  
5 Greenfields, Model Farm Rd.  
JAMES JOHN HIGGINS,  
3 Greenfields, Model Farm Rd.  
SHANE ANTHONY MULLINS,  
50 Leesdale, Model Farm Road.  
DENIS ANTHONY O'LEARY,  
25 Parkway Drive, Model Farm Rd.  
JENNIFER CHRISTINE MOHALLY,  
37 Liam Lynch Park, Glasheen Rd.  
GORMLAITH DAROMHA BRIDGIT Ó CORRÁIN  
18 Bishopscourt Lawn.

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Some Books...

YOU WILL find some topical books  
on our Parish Bookrack.

Some samples.....

"LENT AND EASTER PRAYERBOOK"

"THE WAY OF THE CROSS" (81p)  
- to help you with the Stations.

THE CONSULTATION DOCUMENT on the  
VOCATION AND MISSION of the LAITY.

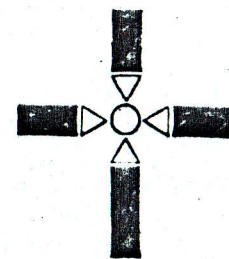
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The Credits

THE EXCERPT on 'Fasting' is from  
"Re-Treat your Family to Lent".  
Available in 'VERITAS'.

\* \* \* \*

# Ballineaspig Parish Bulletin



## No. 25

● \*\* 16TH FEBRUARY, 1986. \*\* ●

# LENT 1986



Turn away from  
sin and  
be faithful  
to the Gospel.



Lent means Spring

SUNDAYS

MASSSES:

SATURDAY VIGIL MASS - 7.30 P.M.  
SUNDAY - 9.00, 10.00, 11.00, 12.15.

MONDAY - FRIDAY

MASSSES:

7.30 A.M., 9.00, 10.00, 7.30 P.M.

CONFESSIONS:

WEDNESDAY EVENING AT 8.00.

SATURDAYS

MASSSES:

MORNING - 9.00 & 10.00  
EVENING - 7.30 (VIGIL MASS)

CONFESSIONS:

12.00 - 1.00. ALSO  
BEFORE AND AFTER EVENING MASS.



EVENING PRAYER  
& BENEDICTION:

SUNDAY EVENING AT 5.00.



# The First Full Week of Lent:

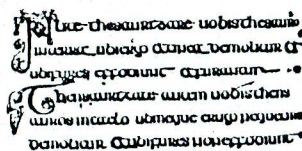
## Monday, First Week in Lent



### Concern for the Poor and Oppressed

No matter who comes to your door during Lent don't turn them away without a kind deed.

## Tuesday, First Week in Lent



### The power of the Scriptures

When reading the Scripture passages pause after each sentence to let it sink in.

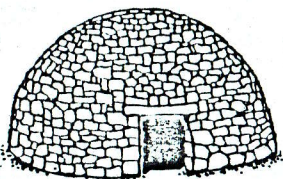
## Wednesday, First Week in Lent



### The testing of our Faith

The failure, the death, the sickness you have not accepted fully—offer it in faith with Christ.

## Thursday, First Week in Lent



### Perseverance in Prayer

Pray with faith and perseverance for someone who is away from the Sacraments.

## Friday, First Week in Lent



### The Conversion of the Wicked

Do you pray for the conversion of the abortionists etc. in our world?

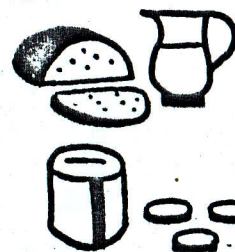
## Saturday, First Week in Lent



### Love of the Enemy

Are you praying for the person you don't like this Lent?

# Fasting



Most of us, I would venture, were fairly relieved when the Lenten fasting rules were relaxed. In spite of our relief, I should like to suggest that a recovery of that Lenten discipline can lead to a clearer witness among contemporary Christians to the call of the gospel. Fasting is a gospel value—but not fasting alone: Fasting and almsgiving are gospel twins.

We fast in order to place ourselves in solidarity with the poor. If the grocery money saved by our fasting is not given to the poor, to those who are hungry, then our fasting is empty and useless.

Because fasting has long been associated with doing without food, we do not often see it as doing without other things besides food. For example:

- ▶ Do without a little sleep; use the time to read or pray.
- ▶ Do without anger, impatience, or whatever really hinders you from returning to the Lord.
- ▶ Do without the radio or stereo for a time each day; re-treat yourself and those around you to the joys of a little silence.
- ▶ Limit TV to one hour a day.
- ▶ Take fewer drugs (from aspirin to alcohol).
- ▶ If you are a night owl, go to bed an hour earlier each night (if you can't sleep, use the time for meditation).



WHAT CAN YOU DO THIS LENT?