

Sunday, April 21, 1991



No. 248

# BALLINEASPAIG BULLETIN



CHURCH OF THE HOLY SPIRIT  
DUNMURRY CROSS, CORK.

Fourth Sunday of Easter. (Day of Prayer for Vocations)



FROM OUR  
**PARISH  
TEAM**

*Fr. John writes*

## PALMS DOWN, PALMS UP!

A simple way to pray involving a simple action is called "palms down, palms up". Begin by placing your palms down as a symbolic indication of your desire to turn over any concerns or worries to God. Silently pray, "Lord, I give you my anger. Lord, take away my fear of my dentist appointment. Lord, I release my frustration." Whatever it is that weighs on your mind, just say, "palms down - I release it Lord". After several moments of surrender, turn your palms up as a symbol of your desire to receive from the Lord. Silently pray: "Lord give me peace; Lord give me patience" and so on. Then spend a few moments in silence. Allow the Lord time to do what you ask. If impressions or directions come, fine; if not, fine.

*Fr John*



## HAVE YOU Heard?

The Parish Social will take place this year on Thursday, 2nd May. Venue: Jurys at 8 p.m. 'till midnight. Music by The Shades. Cold Supper. Tickets £5 are now available from your local Pastoral Council members.

WE ARE happy to welcome Gus Byrnes to our parish. Gus was ordained a Deacon on Easter Monday and will be working among us for the next month.



He is a native of Clare, but is no stranger to Cork, having lived here for 20 years. He will be visiting the homes and schools and will be helping out in the church. We hope he will settle in and enjoy his time with us.

## In Memory

### Sad News

PEOPLE all over our parish will be saddened to hear of the sudden death of Fr. Humphrey Mulcahy, Curate here from 1959 to 1980. A full tribute will be carried in next week's Bulletin, D.V.

## *Parish News*

### All our Birthdays Celebrated!

The novel idea, that a party to celebrate combined birthdays of the Ladies of the Friendship Club, was greeted with great enthusiasm.

Monday, 15th April, was the date agreed on. The array of cakes, pies and sandwiches made by the members was a treat to behold; "Mna na Pharóisde" were toasted with a glass of wine, and the 'Friendship Choir' sang Happy Birthday with great gusto and in "harmony".

Someone must have "tipped off" Community Garda, Michael Hayden, who arrived before the end of the celebrations. Luckily for some he had not brought the "breathalyzer"! He did, however, oversee the choir, and join us for the 'cuppa'. Mary Shaw organised a game of "Forfeits". May O'Driscoll recited, and Kitty Madden was once again our "Seanachai". The "craic" was mighty.

It's great that the membership is still at full capacity after three years, and that so many new friends are made.

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Lucy's Hair Fashions, Magazine Road, has closed. It was more than a hairdressing salon. It was a meeting place where news was exchanged, confidences shared and problems unburdened. Lucy Ryan herself and the incredibly efficient Mary were ever welcoming and helpful. The many clients will miss all of this.

Thank you Lucy, and a happy retirement.

## PASTORAL COUNCIL *News*

The Novena to the Holy Spirit will be going ahead as planned from Saturday, 11th May to Sunday, 19th May. A prayer and information leaflet will be delivered to each home nearer the time.

Looking further ahead, the heating in the church has been under review for some time. After examining many different systems, the Financial Committee have now come up with a satisfactory solution. Next winter should see a very much improved system installed which, it is hoped, will make a real difference to the comfort and warmth in the church.

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## *Rest in Peace*

The late Fr. Cuthbert McCann,  
O.F.M. Cap.

"Blessed are those who die in the Lord - their good deeds go with them."

Such can be truly written of the late Fr. Cuthbert. A long time friend of Canon McSweeney, Fr. Cuthbert regularly said the 12.15 Mass in our Church. He was noted and admired for his sanctity and the clarity of his diction. He is fondly remembered for his gracious and courteous manner.

He transferred to St. Francis Capuchin Friary, Blanchardstown, some years ago, and died there peacefully in recent weeks. We extend sincere sympathy to his sister-in-law, Mrs. McCann, Wilton Avenue, and his Capuchin brothers.





# COMMENT

MEDIA COMMENT by "LUKE"

WHAT AN extraordinary world we live in. How dramatically the media reflects its diversity. With the same expertise with which it reports on famine in the Sudan and on the horrors in Iraq, it entertains us with the latest scandals, quotes a clergyman who wants the death penalty back in Northern Ireland and charts the latest progress on the condom issue.

Do we differentiate between what is today's news, to be discarded tomorrow, and what might be seen as cruel and unjust?

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MOST OF us are moved by such headlines as "Blankets, please, or we'll die". But are we moved

enough to do something about it? Do we, perhaps, say to ourselves, "I gave to Trocaire during Lent" - while another Kurd or two - or twenty or a hundred - die?

While the greatest famine yet is predicted for the Sudan, do we remember the few pounds we gave to Concern - was it at Christmas? - and let the Sudanese die by the million?

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FOR ME the lines that spoke loudest in the media were printed in the obituary column of the Cork Examiner. They announced the death of a patient in Our Lady's Hospital. She was mourned by the staff and her friends in St. Brigid's Unit.

No family. No friends outside the hospital.

Spare a prayer for her. I hope the Alluluias were only spectacular on her arrival in her heavenly home.

## TAKE Note

### OUT NOW!

The 1989 Parish Directory was a big hit, and sold out quickly. An updated and substantially expanded Directory is now for sale - for the SAME PRICE - 50p! Directories will be sold house to house around the parish over the next week or so. The Communications Committee hope you enjoy the result of their labours.

Contents include full lists of all those involved in Church Ministries; parish information; contact numbers for various organisations around the area; a directory of services; plus numerous other 'jewels'!

### IMPORTANT : 18 - 25 AGE GROUP

With the help of our Contact people, it is hoped to formulate a Community Register of people in the 18-25 age group.

There is no obligation on anybody to have their name included (inform your local Contact person accordingly).

Hopefully this register will prove beneficial to the community. Thank you.

### IN SYMPATHY

We offer sincere sympathy to GERARD O'DEA, 8 Parklea Court, on the death of his brother. To MARGARET O'KEEFPE, 62 Leesdale, on the death of her father. To MAUREEN O'DONOVAN, 43 Leesdale, on the death of her mother.



### Attention, Young People!

YOUTH NEWS has been a regular column in the Bulletin in recent months, thanks to the good work of 'Brian'. But now 'Brian' is retiring, and we need a new youth correspondent. Can you help? Contact Elsie Harris at 546096.

### Easter Dues

The three priests of the parish report a great response to the Easter Dues; they greatly appreciate your generosity. It would be great if the remaining envelopes could be returned in the next few days.

### Please Return

The flier enclosed in this Sunday's bulletin is your opportunity of indicating how you will be involved in your parish. Please fill it in and return it to the C.P. Centre during this week. Your replies will be a great help to future parish planning.

### Active Age Week

To celebrate Active Age Week, 28th April to 5th May, Mass for Senior Citizens will take place in the S.M.A. Church at 7 p.m. on Friday, 3rd May. A Social and refreshments will follow in the S.M.A. Hall. Admission £3. All retired persons welcome.

### Episcopal Commission

The annual collection in aid of the Episcopal Commission will take place next Sunday, 28th, at the church doors.

### Attention Artists

Any retired persons who have taken up Painting as a hobby, and would like to exhibit one for Active Age Week, are invited to get in touch with Helen O'Hea at 546167.

### An Enjoyable Night Out

Lissadell Players (Dublin) are making a return visit to Cork to present "Lissadelicacies" - a night of family entertainment, in aid of St. Catherine's School for Travelling Children. It will be on in St. Catherine's next Saturday at 8.15 p.m. Admission £3, with a special ticket for families (3-5 members £6). Come and support this worthy parish cause and enjoy a good night out. Tickets available in C.P. Centre, St. Catherine's, Mount Mercy and some local shops.

### Gramophone Circle

Next session will be on Wednesday next, 24th, at 3 p.m. in the Crypt. This is proving a great success, with large attendances each month.

### **HOLY SPIRIT NOVENA**

May 11th - 19th

in

The Church of the Holy Spirit  
Dennehy's Cross

Two Sessions Daily  
10.00 a.m. and 7.30 p.m.

Confessions after each Session

Please support the Novena  
by saying the  
Holy Spirit Prayer.

Copies of the Holy Spirit Prayer will be delivered to the homes within the next few weeks.