



Sunday, January 16th, 1994

No. 365

# BALLINEASPAIG BULLETIN

2nd Sunday in Ordinary Time



CHURCH OF THE HOLY SPIRIT  
DEANEYS CROSS, CO.KE.



FROM OUR  
**PARISH  
TEAM**

*Sr. Ursula writes*

## WHAT MAKES OUR LIVES HAPPY?

1994 - Year of the Family! What is it that makes a good family or any good relationship, for that matter, work? The list could be endless, but strangely enough the most important item may be the lack of something, i.e., lack of criticism. I came across this statement lately and was so impressed that I decided to summarise the article, as much for my own benefit, as for anyone else.

What makes our lives happy? Normally that we get along with other people, at home, at work, in school, or where we go for recreation. Where do we often find it most difficult to get along? Often with those closest to us, i.e., family, neighbours or colleague with whom we work closely. Why? Because we criticize them and they do the same to us.

Verbal criticism is bad enough, especially when it degenerates into sarcasm or ridicule. Criticism, however, is often much more than what we say. The snigger or wink which puts another down seldom passes unnoticed and cuts deeply.

Looking at someone with disgust or distain can leave a lasting scar. When we turn away or won't talk or listen, we don't need to spell it out to others that we consider them worthless.

Try a little experiment. The next time you are criticized by someone close to you, try to observe your own reaction. As sure as there is a tail on a cat, your first reaction will be one of anger. Nothing that we encounter leads to a greater and quicker loss of control than to be criticized

Criticism is by far the single most destructive behaviour we use. What makes it so destructive is that there is nothing else we do that will so suddenly and painfully make the criticized person so acutely aware that we consider that there are huge differences in performance between us. Almost all of us pay a bitter price in lost relationships because we constantly let those around us know that what is good for them is to perform according to our criterion, not theirs. So says the author of my article and I find myself nodding in agreement.

If children live with criticism they learn to condemn; if they live with encouragement they learn confidence - so do all the rest of us. Sadly, a marriage licence is often seen as a licence to criticize and we wonder why we have so many broken marriages.

I've nailed my colours to the



mast now. I know what my New Year Resolution has to be - less criticism of others. God grant that I keep it even reasonably well. Those around me will be much happier if I do.



## *Rest in Peace*

Dan Walsh, Farranlea Grove and late of High Street, died unexpectedly recently. He enjoyed good health throughout his long life and was on his daily walk when he took ill. A member of the National Engineering & Electrical Trade Union (NEETU) he served as Cork Branch Treasurer for 20 years. The passing of this soft-spoken, gentle man who enjoyed the company of his many friends, leaves a sad absence. Our sympathy to his children, Ray, Noelle and Teresa and his grandchildren for whom he had a special affection.

Dan O'Mahony, Roger Casement Park, died peacefully in the Cork Regional Hospital last week after a short period of failing health. A man who loved the outdoor life, Dan was president of the Cork City & County Harrier Association, and president of his club at Clogheen. He enjoyed his garden, growing vegetables and keeping it neat and tidy. He is remembered with affection as a helpful, kind neighbour who had a word for everyone. Our hope is that Dan is united with his wife May in heaven, and we extend sincere sympathy to his family.

## **TV** *Worth Watching*

### AN INVITATION TO ENTER THE SANCTUARY

The Poor Clares, our valued parishioners, have for the first time allowed television cameras into their cloister. This is to celebrate the 8th centenary of the birth of their foundress, St. Clare of Assisi.

In a documentary called "Love Him Totally" the public are invited to enter the sanctuary beyond the grille. It will be shown on Cork Multi-Channel T.V. on this Sunday, 16th January, at 6.30 p.m. and repeated at 8.30, 9.30 and 11.00 p.m.

We pray for the late Nancy Whelton, Bishopstown Park, who died peacefully last week. For the past number of years her health had deteriorated. Fr. Finbarr Kelleher, a cousin of her late husband, officiated at the Requiem Mass and spoke of Nancy's generosity down through the years, and how she look after people who were less well off than herself - something no doubt we would all like to have said of us. To her family, son Frank who lives in the parish, and daughters, we offer our sympathy and prayers.

### **IN SYMPATHY**

We offer our sincere sympathy to MRS. ANNE McCARTHY, 66 Leeddale, and MR. BERNARD O'LEARY, 86 Leeddale, on the death of their mother. To MRS. PATRICIA SEXTON, 52 Leeddale, on the death of her mother. To MR. PAT O'CONNELL, Woodlawn, on the death of his father.





Members of the Leesdale Choir who sing at the 10 Mass in the Community School every Sunday. We congratulate them on their excellent carol singing at Wilton Shopping Centre in aid of 'Childline'.

Choir members include - Lorraine Conway, Tracy O'Riordan, Samantha Roche, Nichola O'Leary, Edel O'Reilly, Claire Fitzgerald, Michelle Cowan, Patricia O'Keeffe, Laura Burke, Ciara O'Leary, Hazel Kelleher, Dawn O'Brien, Edel Myers, Jessica Roche, Sharon Walsh, Vicki O'Brien, Karena Brane, Lorraine O'Brien, and accompanists Lisa and Karen Griffin and Niamh Shanahan.

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## CALLED TO BE ONE

CHURCH UNITY WEEK takes place between Tuesday January 18 and Tuesday January 25 inclusive.

This year the highlight of the week will be a service in the Sacred Heart Church on Sunday January 23 at 3 p.m.

The theme of the service will be "The Household of God: Called to be One in Heart and Mind". The preacher will be Mrs. Gillian Kingston. Gillian, a Methodist from Roscrea, is a member of the Interdenominational Board of Christian Aid. She is also a member of the Joint Roman Catholic/Methodist International Consultative Commission.

On Wednesday, January 19, Sr. Pamela Strutter of the Irish School of Ecumenics, will speak in U.C.C. at 8 p.m. Ask for G1.

Richard Clarke, the new Church of Ireland Dean of Cork, welcomes all to daily prayer for Christian Unity at noon in St. Fin Barre's Cathedral.

At the Chaplaincy at U.C.C. ("Iona" on the College Road) you are also welcome to daily prayer for Christian Unity at around 1.10 p.m. Monday to Friday.

We are encouraged to pray ourselves for Christian Unity and it would be great if you could participate in some or all of the services arranged. If you're shy, bring a friend!!

